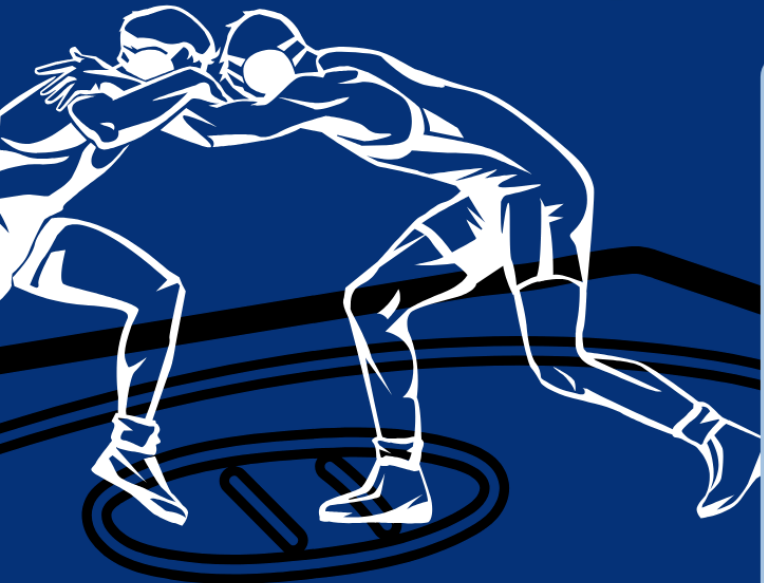


TOTINO-GRACE YOUTH WRESTLING



Youth Wrestling Club

WHO Boys in grades K-8 (Wrestlers will be split up based on age and experience)

WHEN Mondays & Wednesdays
• Session 1: Nov 9th - Dec 16th
• Session 2: Jan 4th - Feb 17th

WHERE Totino-Grace Wrestling room

TIME PreK - Grade 2: 5:15 - 6:15pm
Grade 3 - Grade 8: 6:15 - 7:30pm

COST You can pay per session (\$75 each) or pay for the whole season for \$125 (a \$25 discount)



*No experience is necessary, no equipment needed.
Can wrestle in shorts, t-shirt and wrestling or tennis
shoes (wrestling shoes are strongly encouraged).
Individual instruction will be geared to age and experience
level, with a focus on the fundamentals of wrestling.*

**FOR QUESTIONS CALL DAN
VANDERMYDE AT 763.586.6305**

www.totinograce.org/wrestling

**SCAN HERE TO LEARN
MORE & REGISTER:**

