

SEPTEMBER 2026

TASTY

HEALTHY

FUN

VARIETY

BALANCED

Name of the menu : St Charles Borromeo PreK Grades Lunch Menu

Grade : PreK

Meal : Lunch

		Tuesday, 9/1/2026		Wednesday, 9/2/2026		Thursday, 9/3/2026		Friday, 9/4/2026			
Week IV HOT MEAL		Chicken Nuggets w/ Ketchup		Zeus Beef & Rice Bowl		Mandarin Orange Chicken		School Not in Session			
		Steamed Mixed Veggies		Greek Style Seasoned Beef, Yellow Rice & Tzatziki Sauce		Steamed Rice					
		Fruit Cup		Fresh Romaine w/ Dressing		Steamed Broccoli					
		Choice Milk		Banana		Fresh Watermelon Chunks					
				Choice Milk		Choice Milk					
		Monday, 9/7/2026		Tuesday, 9/8/2026		Wednesday, 9/9/2026		Thursday, 9/10/2026		Friday, 9/11/2026	
Week V HOT MEAL		School Not in Session		Cheeseburger		Chicken Tenders w/ Ketchup		Sweet & Sour Chicken		Fresh Baked Pizza Slice	
				Bun, Chz Slice & Ketchup		Steamed Peas		Steamed Rice		Sliced Cucumbers & Dip	
				Baked Beans		Banana		Crisp Broccoli w/ Dip		Fresh Orange Wedges	
				Fruit Cup		Choice Milk		Fresh Watermelon Chunks		Choice Milk	
				Choice Milk		Choice Milk					
		Monday, 9/14/2026		Tuesday, 9/15/2026		Wednesday, 9/16/2026		Thursday, 9/17/2026		Friday, 9/18/2026	
Week VI HOT MEALS		Premium Chicken Nuggets		Yum-Yum Cheesy Beefy Penne		Brunch Lunch		Beef Burrito Bowl		Fresh Baked Pizza Slice	
		Ketchup		Steamed Carrots & Peas		French Toast Sticks w/ Syrup		Seasoned Taco Meat, Steamed Rice		Garden Greens & Dressing	
		Tater Tots w/ Ketchup		Fruit Cup		Soft Sweet Potato Sticks		Shred Cheddar Cheese		Fresh Orange Wedges	
		Crisp Apple Wedges		Choice Milk		Banana		Cheesy Refried Beans		Choice Milk	
		Choice Milk				Choice Milk		Fresh Watermelon Chunks & Choice Milk			
		Monday, 9/21/2026		Tuesday, 9/22/2026		Wednesday, 9/23/2026		Thursday, 9/24/2026		Friday, 9/25/2026	
Week I HOT MEALS		Chicken Patty Sandwich		Waffle & Omelet		All Beef Italian Meatballs w/ Buttered Penne		Mandarin Orange Chicken		Fresh Baked Pizza Slice	
		WG Bun & Ketchup		Maple Waffle w/ Syrup		Marinara Meatballs, Buttered Penne, Mozzarella Cheese (Served Separately)		Steamed Rice		Glazed Carrots	
		Steamed Mixed Veggies		Colby Cheese Omelet		Mixed Salad & Dressing		Steamed Broccoli		Fresh Orange Wedges	
		Crisp Apple Wedges		Soft Sweet Potato Sticks		Banana		Fresh Watermelon Chunks		Choice Milk	
		Choice Milk		Fruit Cup & Choice Milk		Choice Milk		Choice Milk			
		Monday, 9/28/2026		Tuesday, 9/29/2026		Wednesday, 9/30/2026					
Week II HOT MEALS		PopMax Chicken & Creamy Cheesy Hashbrowns		Classic Hamburger		Creamy Mac & Cheese					
		Popcorn Chicken w/ Ketchup		WG Bun , Pickles & Ketchup		Steamed Mixed Veggies					
		Creamy Cheesy Hashbrowns		Potato Smiles		Banana					
		Crisp Apple Wedges		Fruit Cup		Choice Milk					
		Choice Milk		Choice Milk							

Whole milk served to children under 2 years of age. Unflavored milk served to Ages 2+.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

This menu is pork-free.

WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)						OCTOBER 2026			
TASTY		HEALTHY		FUN		VARIETY	BALANCED		
Week II	HOT MEAL					Thursday, 10/1/2026	Friday, 10/2/2026		
						Pulled Chicken Taco	Fresh Baked Pizza Slice		
						Seasoned Pulled Chicken Taco served with WG Tortilla, Shred Cheddar Cheese & Crema	Garden Salad w/ Dressing		
						Cheesy Refried Beans	Fresh Orange Wedges		
				Fresh Watermelon Chunks & Choice Milk	Choice Milk				
Week III	HOT MEAL	Monday, 10/5/2026		Tuesday, 10/6/2026		Wednesday, 10/7/2026		Thursday, 10/8/2026	Friday, 10/9/2026
		Brunch Lunch		Crispy Chicken Tenders		Glazed Beef Meatballs		Chicken & Cheese Cozy Pasta Bake	Fresh Baked Pizza Slice
		Buttermilk Pancake w/ Syrup		Ketchup		Steamed Rice		Sliced Cucumbers w/ Dip	Steamed Mixed Veggies
		Colby Cheese Omelet		Mashed Potatoes		Crisp Broccoli w/ Dip		Fresh Watermelon Chunks	Fresh Orange Wedges
		Steamed Carrots		Fruit Cup		Banana		Choice Milk	Choice Milk
		Crisp Apple Wedges & Choice Milk		Choice Milk		Choice Milk			
Week IV	HOT MEAL	Monday, 10/12/2026		Tuesday, 10/13/2026		Wednesday, 10/14/2026		Thursday, 10/15/2026	Friday, 10/16/2026
		Mini Beef Taco Trio		Chicken Nuggets w/ Ketchup		School Not in Session			
		Baked Beans		Steamed Mixed Veggies					
		Crisp Apple Wedges		Fruit Cup					
Choice Milk		Choice Milk							