

Menu Name : Priv St Charles Borromeo School PreK Lunch Menu

Grade Level / Age Group : Pre - K

Meal: Lunch

## October - 2023

Hot Meal	Monday, October 2, 2023	Tuesday, October 3, 2023	Wednesday, October 4, 2023	Thursday, October 5, 2023	Friday, October 6, 2023	Week II
	Classic Cheeseburger	Chicken & Egg Fried Rice	Soft Tortilla Taco	Mandarin Orange Chicken	Fresh Baked Pizza Slice	
	WG Bun & Ketchup	Crisp Broccoli & Dip	Seasoned Beef & Shredded Cheese	Mild Seasoned Brown Rice	Sliced Cucumbers & Dip	
	CKC Baked Beans	Chilled Pears	Steamed Mixed Veggies	Steamed Green Beans	Crisp Varietal Apple	
	Cinnamon Apple Slices	Choice Milk	Banana	Orange Wedges	Choice Milk	
	Choice Milk		Choice Milk	Choice Milk		
Hot Meal	Monday, October 9, 2023	Tuesday, October 10, 2023	Wednesday, October 11, 2023	Thursday, October 12, 2023	Friday, October 13, 2023	Week III
	Brunch Lunch	Greek Rice Bowl	Cheese Hot Pocket	"New" CKC Sweet & Sour Meatballs	Garlic Dusted French Bread Pizza	
	Buttermilk Pancake & Berry Burst Syrup	Steamed Rice & Seasoned Meat	Garden Greens Salad & Dressing	Seasoned Rice	Crisp Broccoli & Dip	
	Fruited Yogurt Cup & String Cheese	Tatziki Sauce	Banana	Chilled Sweet Pea Salad	Crisp Varietal Apple	
	Tater Tots & Ketchup	Steamed Mixed Veggies	Choice Milk	Orange Wedges	Choice Milk	
	Cinnamon Apple Slices & Choice Milk	Chilled Pears & Choice Milk		Choice Milk		
Hot Meal	Monday, October 16, 2023	Tuesday, October 17, 2023	Wednesday, October 18, 2023	Thursday, October 19, 2023	Friday, October 20, 2023	Week IV
	Golden Chicken Patty Sandwich	Meatballs & Ketchup	School Not in Session			
	Bakery Bun & Ketchup	WG Dinner Roll				
	Steamed Carrots & Green Beans	Steamed Mixed Veggies				
	Cinnamon Apple Slices	Chilled Pears				
	Choice Milk	Choice Milk				
Hot Meal	Monday, October 23, 2023	Tuesday, October 24, 2023	Wednesday, October 25, 2023	Thursday, October 26, 2023	Friday, October 27, 2023	Week V
	Crunchy Tender Fritters	Sweet & Sour Chicken	Taco Rice Bowl	"New" Chicken Tikka	SouthWest Chx Empanada Hot Pocket	
	Chix Tenders & Ketchup	Steamed Seasoned Rice	Taco Beef & Shred Chz	WG Bakery Roll	Garden Greens Salad & Homemade Dressing	
	Steamed Green Beans	Chilled Sweet Pea Salad	Served with Mild Seasoned Rice	Mashed Potatoes	Crisp Apple Slices	
	Cinnamon Apples	Chilled Pears	Cheesy Refried Beans	Orange Wedges	Choice Milk	
	Choice Milk	Choice Milk	Banana & Choice Milk	Choice Milk		
Hot Meal	Monday, October 30, 2023	Tuesday, October 31, 2023	Chef Spotlight			Week VI
	Premium Chicken Nuggets	Swedish Meatballs (Homemade Gravy)	Dave Kayoum – Director of Business Development Tuna & Peas on Buttered Saltines			
	Ketchup	Wg Dinner Roll	My wife and I literally grew up in the same neighborhood. I love that my wife always asks my mom how to make my favorite recipes. My children and I have loved the tradition of family recipes! I continue to make this simple favorite meal to this day. It is one of my favorites 'Go-to' meals and I think it will remain a family tradition for my children and theirs. I love the stories I have gotten to share with my kids when making a family traditional recipe. It's best to spend time with your kids reminiscing about fond best food memories while making and teaching them how to make something so simple and full of tradition. - Dave			
	Steamed Green Beans	Mashed Potatoes				
	Cinnamon Apples	Chilled Pears				
	Choice Milk	Choice Milk	Tuna & Peas on Buttered Saltines recipe is on Page 2			