

Menu Name : St Charles Borromeo School Grades K-8 Lunch Menu

Options Provided : Hot, Cold and Cold Vegetarian Meals

Grade Level / Age Group : K-8 Grades

Meal Pattern : NSLP

Meal: Lunch

## October - 2023

	Monday, October 2, 2023	Tuesday, October 3, 2023	Wednesday, October 4, 2023	Thursday, October 5, 2023	Friday, October 6, 2023	
Hot Meal	<b>"New" Cool Ranch Crunch Burger..(yep, we will send Mayo)</b>	<b>"New" Asian Chicken Dumplings</b>	<b>Soft Tortilla Taco</b>	<b>Mandarin Orange Chicken</b>	<b>Fresh Baked Pizza Slice</b>	Week II
	Top your Burger with Cool Ranch Doritos	w/ Momo Sauce	Seasoned Beef, Cheese & Crema	Steamed Brown Rice	Baby Carrots	
	CKC Baked Beans & Carrot Slims	Celery Sticks	Street Corn, Shredded Lettuce	Garden Greens Salad & Homemade Dressing	Crisp Varietal Apple	
	Cinnamon Apple Slices	Chilled Pears	Banana	Grapes Bunch	Choice Milk	
	Choice Milk	Choice Milk	Choice Milk	Choice Milk		
Cold & Cold Veg	Turkey Bun & Wowbutter-Jelly Sandwiches are offered as options Every day					

	Monday, October 9, 2023	Tuesday, October 10, 2023	Wednesday, October 11, 2023	Thursday, October 12, 2023	Friday, October 13, 2023	
Hot Meal	<b>Chicken Tenders &amp; Dip</b>	<b>Greek Nachos</b>	<b>"New" Smoky Texas Chicken Drumstick</b>	<b>CKC Sweet &amp; Sour Meatballs</b>	<b>Garlic Dusted French Bread Pizza</b>	Week III
	Cracker Crisps	Seasoned Meat, Corn Tortilla Chips	WG Bakery Roll	Seasoned Rice	Garden Greens Salad & Dressing	
	Street Corn Salad	Tatziki Sauce	Garden Greens Salad & Dressing	Baby Carrots	Crisp Varietal Apple	
	Cinnamon Apple Slices	Banzo Salad & Carrot Slims	Banana	Grapes Bunch	Choice Milk	
	Choice Milk	Chilled Pears & Choice Milk	Grahams & Choice Milk	Choice Milk		
Cold & Cold Veg	Turkey Bun & Wowbutter-Jelly Sandwiches are offered as options Every day					

		Monday, October 16, 2023	Tuesday, October 17, 2023	Wednesday, October 18, 2023	Thursday, October 19, 2023	Friday, October 20, 2023
Hot Meal		<b>Chicken Patty Sandwich</b>	<b>"New" Korean BBQ Meatballs</b>	<div>School Not in Session</div>		
		Bakery Bun & Ketchup	Seasoned Rice			
		Steamed Corn	Celery Sticks & Carrot Slims			
		Cinnamon Apple Slices	Chilled Pears			
		Choice Milk	Choice Milk			
Cold & Cold Veg	Turkey Bun & Wowbutter					

	Monday, October 23, 2023	Tuesday, October 24, 2023	Wednesday, October 25, 2023	Thursday, October 26, 2023	Friday, October 27, 2023	
Hot Meal	<b>Crunchy Tender Fritter Wrap</b>	<b>Sweet &amp; Sour Chicken</b>	<b>Walking Nachos</b>	<b>"New" Chicken Tikka Drumstick</b>	<b>SouthWest Chx Empanada Hot Pocket</b>	Week V
	Wg Tortilla, Chix Tenders, Boom Sauce	Steamed Seasoned Rice	Nacho Chz Doritos, Seasoned Beef	WG Roll	Broccoli Florets & Dressing	
	Cool Ranch Doritos	Baby Carrots	w/ Shred Chz	Sliced Cucumbers & Homemade Dip	Crisp Varietal Apple	
	Shred Lettuce & Steamed Corn	Chilled Pears	Cheesy Refried Beans	Grapes Bunch	Choice Milk	
	Cinnamon Apples & Choice Milk	Choice Milk	Banana & Choice Milk	Choice Milk		
Cold & Cold Veg	Turkey Bun & Wowbutter-Jelly Sandwiches are offered as options Every day					

Hot Meal	Monday, October 30, 2023	Tuesday, October 31, 2023	Chef Spotlight		Week VI
	Premium Chicken Nuggets w/ Youza Sauce	Swedish Meatballs (Homemade Gravy)	Dave Kayoum – Director of Business Development Tuna & Peas on Buttered Saltines		
	WG Bakery Roll	Wg Dinner Roll	<i>My wife and I literally grew up in the same neighborhood. I love that my wife always asks my mom how to make my favorite recipes. My children and I have loved the tradition of family recipes! I continue to make this simple favorite meal to this day. It is one of my favorites 'Go-to' meals and I think it will remain a family tradition for my children and theirs. I love the stories I have gotten to share with my kids when making a family traditional recipe. It's best to spend time with your kids reminiscing about fond best food memories while making and teaching them how to make something so simple and full of tradition. - Dave</i>		
	CKC Baked Beans	Steamed Carrots			
	Cinnamon Apple Slices	Chilled Pears			
	Choice Milk	Vanilla Wafers & Choice Milk			
Cold & Cold Veg	Turkey Bun & Wowbutter-Jelly Sandwiches are offered as options Every day		Tuna & Peas on Buttered Saltines recipe is on Page 2		

\*\*\* Hot Veg and Cold meals are served with vegetables, fruit of the day &amp; milk.