

Name : April 2023 St Charles Borromeo School PreK Lunch Menu

Age Group : Childcare (Ages 3-5)

Meal : Lunch

Meal Pattern : Preschool

Chef Spotlight - Jim Leahy, Client Relations Manager

CHEESY, SHRIMPY AND BACON-Y HEAVENLY PASTA

This is a family favorite that my mom used to make and I now make it for my girls and it has become one of their favorites! Normally when my mom would cook I wouldn't hover around the kitchen. However, this recipe had BACON and I would sneak whatever I could when she wasn't looking. My girls tried to do the same when they were little – I was on to them. However, knowing how bacon takes over one's mind, I would let them have a little here and there.

- Jim Leahy

'THIN LINGUINI OR SPAGHETTI WITH AVOCADO, BACON AND SHRIMP' RECIPE IS ON PAGE 2

Week VI	Monday, April 3, 2023	Tuesday, April 4, 2023	Wednesday, April 5, 2023	Thursday, April 6, 2023	Friday, April 7, 2023
	Swedish Meatballs	Macaroni & Meatsauce	Cheesy Lasagna Roll	Cheeseburger	No School
	Soft Dinner Roll	Bakery Roll	Steamed Sweet Peas	Whole Grain Bun & Ketchup	
Hot Meal	Steamed Green Beans	Creamy Mashed Potatoes	Banana	CKC Baked Beans	
	Diced Chilled Pears	Chilled Peaches	Milk	Orange Wedges	
	Milk	Milk		Milk	

Week I	Monday, April 10, 2023	Tuesday, April 11, 2023	Wednesday, April 12, 2023	Thursday, April 13, 2023	Friday, April 14, 2023
	No School	Brunch Lunch	Taco Rice Bowl	Creamy Mac & Cheese	Sweet & Sour Chicken
		Buttermilk Pancake	Brown Rice topped w/Seasoned Beef	Mixed Dinner Salad w/Dressing	Steamed Seasoned Brown Rice
Hot Meal		Homemade Berry Burst Syrup	Served with Shred Chz, Cilantro & Crema	Orange Wedges	Crisp Broccoli & Dip
		Scrambled Eggs & Steamed Carrots	Steamed Green Peas	Milk	Cinnamon Apple Slices
		Chilled Peaches & Milk	Banana & Milk		Milk

Week II	Monday, April 17, 2023	Tuesday, April 18, 2023	Wednesday, April 19, 2023	Thursday, April 20, 2023	Friday, April 21, 2023
	BBQ Beef Sandwich	Soft Shell Chicken Taco	Meatball Sub w/Mozzarella	Brunch Lunch	Fresh Baked Pizza
	CKC Baked Beans	WG Tortilla, Seasoned Chicken & Cheese	Steamed Green Beans	French Toast Sticks & Syrup	Mixed Green Salad & Dressing
Hot Meal	Diced Chilled Pears	Steamed Mixed Veggies	Banana	Tater Tots & Ketchup	Cinnamon Apple Slices
	Milk	Sliced Chilled Peaches	Milk	Orange Wedges	Milk
		Milk		Milk	

Week III	Monday, April 24, 2023	Tuesday, April 25, 2023	Wednesday, April 26, 2023	Thursday, April 27, 2023	Friday, April 28, 2023
	Premium Chicken Nuggets	Mandarin Orange Chicken	Good Ole Fashioned Hamburger	Cheesy Meatballs	Stuffed Breadsticks
	Ketchup	Steamed Brown Rice	Ketchup	WG Roll	Warm Red Sauce
Hot Meal	Steamed Green Beans	Crisp Broccoli w/ Dip	Steamed Mixed Veggies	Garden Salad & Dressing	Glazed Carrots
	Diced Chilled Pears	Sliced Chilled Peaches	Banana	Orange Wedges	Cinnamon Apple Slices
	Milk	Milk	Milk	Milk	Milk

* Skim and 1% milk choices offered daily.
* All Bread/Bread Products/Chips/Tortillas listed in the menu are Whole-grain products.
* All Rice/Rice Products listed in the menu are Whole-grain brown rice products.