

Health Office & Attendance Line: 612-787-1131

# Weekly Update 19 ~ February 2, 2023

## **CALENDAR OF EVENTS**

FR.FEB	03	8:00 AM K-8 Mass with music and throat blessing for Memorial of St Blaise (church)
SA.FEB	04	Liz Hickman/Sue McSherry Basketball Fundraiser Day
MO.FEB	06	Out-of-uniform passes can be used
WE.FEB	08	6:00 PM Ignite: 4th-8th grades (youth room)
		7:30 PM Ablaze: 8th-12th grades (youth room)
TH.FEB	09	NPH Sponsorship Day - for \$1 or more, students may wear spirit wear or orange
		2:40 PM 4th-5th grades After School Youth Group (youth room)
FR.FEB	10	8:00 AM K-8 Mass (church)

#### Looking ahead

- FR.FEB 17 School not in session: Staff Development Day
- MO.FEB 20 School not in session: Presidents Day
- TU.FEB 21 No bus service

Dear St. Charles Families,

Thank you for an amazing Learning Festival turnout last Sunday! I was so impressed with the energy in the building. We haven't had a Learning Festival like that since January of 2020!

Congratulations to the 2nd graders who made their First Reconciliation on Tuesday. Hopefully the first of many opportunities of meeting Jesus in the Sacrament of Reconciliation!

Catholic Schools Week is going really well. The kids are having a great time, and the staff and I are exhausted! I'm not complaining; it is a good exhausted! We have enough in the tank to take on Friday, and we'll be ready for Liz and Sue's Day on Saturday! We hope you can make it to our gymnasium for at least part of this day of basketball, fundraising, and honoring the memory of two cherished community members. There is a silent auction, food, and plenty of hoops! Please look below for more details.

God bless you, Danny Kieffer St. Charles Principal

## 2023-24 School Applications Open: Spread the Word!

## STEM CLUB ~ Calling 5th- 8th graders Starts THIS Saturday!

All 5th - 8th graders are invited to participate in STEM Club. This is an opportunity to focus on math, science, and engineering projects. Saturdays from 9:00 AM - noon Saturday, February 4 through March 11. Cost is \$40/student, Find more information <u>here</u>. If you are interested sign up at: <u>https://forms.gle/3tHfycQMrvQHWSA38</u>

## Liz Hickman & Sue McSherry Basketball Blast Fundraiser ~ Saturday, February 4

This is the 18th year celebrating Liz and the 4th year celebrating Sue. Please join us for a fun-filled day of basketball, a silent auction, and honoring Liz and Sue! Games start at 9:00 AM and end about 7:00 PM. Use the gym entrance for games and auction. Money raised goes to the St. Charles Sue McSherry Scholarship Fund and Make-A-Wish of Minnesota.

9:00-12:00 Intramural Games 12:15 Girls White Team 1:15 Girls Cub 2:15 Boys Cub 3:30 Girls Cub 4:45 Boys Varsity 6:00 Girls Varsity

# American Heart Challenge & Kids Heart Challenge - an important message from Mr. Carpenter and Mr. Kenney

Click <u>here</u> for the latest update on this year's physical Education Heart Challenge.

#### Home & School

Volunteer opportunities: Sign Up Genius

Sign up for a shift at the concession stand: <u>concessions sign-up</u>. If you are new to concessions and would like a quick in-person training, please contact concessions coordinator Kirsten Kavanaugh, <u>kkavan@comcast.net</u>.

\*\*REMINDER\*\* 7th and 8th grade students get service hours for volunteering with an adult.

#### 2023-24 School Year Aim Higher - Deadline Feb 22

Aim Higher is a non-profit organization that assists parents in making sure that each and every child is able to attend Catholic School. They give out scholarships all across our diocese. Students from St. Charles have received them each year. Again this year, they have invited everyone in our diocese to apply for Aim Higher Scholarships through TADS. Click on the following link to find a flier that includes details about how to apply for this scholarship: <u>Aim Higher Scholarship Flyer in English</u> (and <u>in Spanish</u>). **We encourage you to apply if you already receive financial aid, or think that you may be eligible.** The deadline is February 22, 2023.

All current families receiving an AIM Higher Scholarship for this school year must complete their application by February 22, 2023 in order to be eligible for the scholarship to continue into the next school year.

## **2022 Education Tax Information**

2022 tax subtraction credit info

## Borromeo Bash ~ April 22

Our school spring fundraiser, the Borromeo Bash, is just around the corner! Save the date: April 22, 2023. The theme is Black Tie (Black and White Apparel only).

Please help us collect auction items! If you or someone you know wants to donate monetarily or with goods, please email Veronica.Paulson21@gmail.com or call 612-703-8719. Auction items are vital to the success of the Bash! Click <u>HERE</u> to view our "Wish List" of auction items. Thank you for ensuring a successful Bash for our school!

## **CSCOE** presents Dr. Jules Norton: Videos and Webinars for Parents

#### **Exceptional Children Video**

Parenting children with educational and behavioral differences can be rewarding AND challenging. Even children who are gifted and talented present special challenges in parenting. In this session we discussed parenting children who have diverse needs because of educational, behavioral, and mental health challenges, as well as those who may need more enrichment. https://youtu.be/nRY7CVCK6KE

#### Stress, Anxiety, Perfectionism, and Motivation Webinar ~ February 23

Stress and Anxiety are more prevalent now in the lives of school-aged children than ever before. How does perfectionism play into our child's stress and anxiety? How can we teach motivation without feeding perfectionism? This session will address behavioral and biological factors that influence the development of anxiety and perfectionistic tendencies. You will leave with concrete, parenting strategies to combat stress, anxiety, and perfectionism, and learn how to foster self-motivation in our children. Sign up for the FEb 23 webinar here: for-parents-stress-anxiety-perfectionism-and-motivation

## Camp I Can for Girls ~ February 25

"Camp I Can for Girls" is offering a 1 day pop-up camp experience for girls grades 5th-8th on Saturday, February 25! Our school counselor, Becca Gonsior, and another Phoenix School Counseling counselor will be hosting the camp at Holy Spirit Catholic School. We will do a variety of activities that are tied to growing social and emotional skills. We will focus on navigating peer relationships, self-esteem building, emotional awareness, coping skills, and managing the impact of social media. For more info and to register: <u>campicanforgirls.com</u>, Limited spots available. Stay tuned for more Spring 2023 Pop-ups and our week long Summer camps for different grade levels and locations across the Twin Cities!

## Uniform Deals!

## Donald's Uniform Sale through Sunday, February 5

15% off everything through Sunday, February 5: <u>https://www.donaldsuniform.com/</u>

#### Lands' End Sales: February 9-24

40% OFF school uniform bottoms, 20% off everything else! Lands' End Code: PENCIL Pin: 1356

## The Meal Train Ministry

Would you like to help provide meals for a person or family in their time of need? OR do you or someone you know have a short-term need (due to a birth, surgery, illness, etc.) for meals to be delivered to your home? Contact Beth at 612-384-2384 or email <u>elizabethpollard@comcast.net</u>.

# **Parish Corner**

Youth Ministry Newsletter and all youth ministry materials: www.stchb.org/youth

#### After School Youth Group

All 4-8th grade students are invited to join us on Thursdays for After School Youth Group from 2:40-4pm! **Due to high numbers, we will split the 4/5th grade students from the 6-8th grade students and flip-flop weeks, unless we get another adult volunteer to help with youth group!** Sign Up here to volunteer. Please see our dates below for February. Contact Katie at <u>kwalker@stchb.org</u> with any questions or if you are interested in helping out, so that we can offer this every week to every student. Feb. 2nd - 6-8th grades, Feb, 9th - 4/5th grades, Feb. 23rd - 6-8th Grade

#### Ignite

All 4-8th grade students are invited to attend Ignite on Wednesdays from 6-7:30 PM in the youth room. This is a great opportunity for fun, fellowship, formation, and snacks! Please reach out to Katie with any questions at <u>kwalker@stchb.org</u>! Next Ignite is February 8.

#### Ablaze

8th grade students are also invited to attend Ablaze on Wednesdays from 7:30-9 PM in the youth room! This is our high school youth group, and the 8th graders may attend this instead of Ignite if they would prefer! Please reach out to Katie at <u>kwalker@stchb.org</u> with questions! Next Ablaze is February 8.

#### Summer Camp Registration Open!!

Pre-Registration is open for Extreme Faith Camp (6-8th grade) and Camp Veritas (8-12th grade)!! EFC is from June 26-30, and Camp Veritas is from July 23-27! We would love to have your student join us! You can find the pre-registration forms online at this link.

#### **Cinnamon Roll Fundraiser**

If your student is attending a camp with us this summer and would like to fundraise for their trip, please sign up for the Cinnamon Roll Fundraiser (February 10-12th) at <u>this link!</u> Please reach out with any questions.

#### Check the links below the Prayer Corner for more information

**Prayer Corner** 

If you would like to add someone to our prayer corner, please email the information to Danny Kieffer at dkieffer@stchbs.org

- For staff member Dana Huggar's mom (Kathy) as she undergoes a bone marrow transplant to help fight her cancer and for the health of her kidneys. For the team of Mayo doctors and nurses treating her.
- For the repose of the soul of Janet White, friend of student Charley H.'s family, and for the comfort of her loved ones.
- For the repose of the soul of Toni Magee('54), grandma of student Elizabeth M. and for the comfort of her family.
- For Aaron, father to student Aleric, who is battling cancer.
- For the repose of the soul of former student Vaughn Wolf and for the comfort of his family.
- For perseverance for Leanna in these difficult days with cancer. She is grandmother to current students Hailey, Grace, and Ava, and former students Braden, Brett, Elena, Tom, Joe, and Peter, and mother to staff member Molly Siroin.
- For healing for Jauna, grandmother to students Aidan and Adrian.
- For the repose of the soul of Beverly Corbett, grandmother to student Holden, and for the comfort of her family.
- For healing for Mr. Kenney's cousin Molly who was recently diagnosed with stage 4 cancer.
- For healing for 2 year old Elliot recently diagnosed with cancer. He has a close connection to a former student.
- For Joe, great uncle to students Aleeyah and Alijah, who is going through some health issues
- For healing for Felicia, wife of Ken, our former CKG cafeteria manager trainer.
- For healing for Blanca, grandmother to student Camila.
- For successful cancer treatment for Jody, grandmother to students Torin and Brody, and mother to staff member Dayton Goodmanson.
- For healing of cancer for Bobbie, great aunt to students Lilly and Leo, and aunt to staff member Sharon McHale.
- For the health of all our students, families, and staff.
- For peace in our families and in our communities.

## Additional Links

St. Charles School Website ~ www.stchbschool.org

St. Charles Google Calendar ~ <u>St. Charles Calendar Link</u>

St. Charles Lunch Calendar ~ St. Charles Lunch Calendar Link

St Charles Wellness Policy ~ <u>School-Wellness-Policy</u>

St. Charles Google Athletic Calendar ~ <u>St. Charles Athletic Calendar Link</u>

St Charles Volunteers ~ <u>Sign Up Genius</u>

Concession Stand Sign-up ~ <u>concession stand sign-up</u>

St Charles Facebook ~ <u>https://www.facebook.com/stchbs</u>

St Charles Spirit Wear ~ <u>Schoolbelles</u> questions: Mary Urdahl at urdahl.mary@gmail.com

St. Charles Borromeo Church: St Charles Church

#### **Beyond St. Charles**

Shine Your Talent visual arts submissions January 1-31 ~ shineontalent.org

T-G Youth Wrestling Youth Club ~ <u>Flier</u> & <u>Sign Up Here</u> 2023 St Anthony Boosters Summer Softball Registration. Register by 2/5/23 register here

★*Weekly Updat*e article deadline: Wednesday 9:00 AM - Send submissions to mwappes@stchbs.org.★