

Name : February 2023 St Charles Borromeo Grades K-8 Lunch menu			Options Provided : Hot, Cold & Cold Vegetarian Meals		
Age Group : K-8 Grades			Meal : Lunch		Meal Pattern : NSLP
Week III			Wednesday, February 1, 2023	Thursday, February 2, 2023	Friday, February 3, 2023
Hot Meal	Chettinad Cuisine belongs to a region called 'Chettinad' in South India. It is a cuisine that is famous for its aroma, made with freshly ground spices.		Good Ole Fashioned Hamburger	Cheesy Lasagna Roll	Authentic Chicken Stir Fry
			w/ Pickle Rounds & Ketchup	Mixed Salad & Dressing	Seasoned Rice
			Corneriffica Salad	Fresh Orange	Seasoned Black Beans
			Baked Cheetos	Elf Grahams	Crisp Apple
			Banana & Choice Milk	Choice Milk	Choice Milk
Cold			Turkey Bun & Wowbutter Jelly Sandwiches		
Week IV	Monday, February 6, 2023	Tuesday, February 7, 2023	Wednesday, February 8, 2023	Thursday, February 9, 2023	Friday, February 10, 2023
Hot Meal	Mongolian Meatballs	Breaded Chicken Patty Sandwich	Greek Nachos ****(Student Favorite)****	Brunch Lunch	Fresh Baked Pizza
	Steamed Rice	Bakery Bun & Ketchup	Seasoned Meat, Corn Tortilla Chips	French Toast Sticks w/ Syrup	Mixed Greens Salad w/Dressing
	Corn Salad	Baby Carrots	Tatziki Sauce	Celery Sticks	Crisp Apple
	Variety Applesauce	Tropical Fruit Mix	Bean Salsa	Fresh Orange	Choice Milk
	Choice Milk	Choice Milk	Banana & Choice Milk	Choice Milk	
Cold	Turkey Bun & Wowbutter Jelly Sandwiches are offered as options on all days				
Week V	Monday, February 13, 2023	Tuesday, February 14, 2023	Wednesday, February 15, 2023	Thursday, February 16, 2023	Friday, February 17, 2023
Hot Meal	Mozzarella Burger	Pomodoro Meatballs	Creamy Mac & Cheese	Sesame Chicken	No School
	WG Bakery Bun & Ketchup	WG Dinner Roll	Mixed Greens Salad & Dressing	Steamed Seasoned Rice	
	Cool Ranch Doritos	Mashed Potatoes	Banana	Sliced Cucumbers	
	Baby Carrots	Tropical Fruit Mix	Vanilla Wafers	Fresh Orange	
	Variety Applesauce & Choice Milk	Choice Milk	Choice Milk	Lemon Crisps & Choice Milk	
Cold	Turkey Bun & Wowbutter Jelly Sandwiches are offered as options on all days				
Week VI	Monday, February 20, 2023	Tuesday, February 21, 2023	Wednesday, February 22, 2023	Thursday, February 23, 2023	Friday, February 24, 2023
Hot Meal	No School	Roasted Curry Chicken Drumstick	Cheesy Lasagna Roll	Chicken Fritters w/ Ranch Dip	Fresh Baked Pizza
		WG Roll	Elf Grahams	Cool Ranch Doritos	Mixed Salad w/Dressing
		Fresh Broccoli & Dip	Baby Carrots	Seasoned Black Beans & Carrots	Crisp Apple
		Tropical Fruit Mix	Banana	Fresh Orange	Choice Milk
		Choice Milk	Choice Milk	Choice Milk	
Cold	Turkey Bun & Wowbutter Jelly Sandwiches are offered as options on all days				
Week I	Monday, February 27, 2023	Tuesday, February 28, 2023	Chef Spotlight - Annapoorna Meyyappan, Product and Data Analyst		
Hot Meal	Creamy Mac & Cheese	All Beef Hot Dog	Simple and Luscious Cold Indian Dessert		
	Soft Dinner Roll	WG Bun, Ketchup & Mustard	The delicacy of "Chettinad Fruit Kheer" brings me the nostalgia of having grand lunch with a variety of dishes served on a banana leaf in all Chettinad marriages. It is a simple dessert but a rich drink made from delectable amalgamation of nuts and fruits. I will share the recipe picking a sleeve from my mom's cookbook and I am sure it will be your sumptuous dessert. -- Annapoorna Meyyappan		
	Fresh Baby Carrots	Cool Ranch Doritos			
	Variety Applesauce	CKC Baked Beans			
	Choice Milk	Tropical Fruit Mix & Choice Milk			
Cold	Turkey Bun and Wowbutter Jelly Sandwich		'Chettinad Fruit Kheer' recipe is on Page 2		
*** Cold meals are served with vegetables, fruit of the day & milk.					