

Name : October 2022 St Charles Borromeo Grades K-8 Lunch menu		options Provided : Hot, Cold & Cold Vegetarian Meals			
Age Group : K-8 Grades		Meal : Lunch		Meal Pattern : NSLP	
Week IV	Monday, October 3, 2022	Tuesday, October 4, 2022	Wednesday, October 5, 2022	Thursday, October 6, 2022	Friday, October 7, 2022
Hot Meal	<b>Queso Meatball Sub</b> WG Bun & Cilantro Nacho Cheese Doritos Cheesy Refried Beans & Shred Lettuce Variety Applesauce & Choice Milk	<b>Breaded Chicken Patty Sandwich</b> Bakery Bun & Ketchup Baby Carrots Tropical Fruit Mix Choice Milk	<b>"New" Greek Nachos ****(Student Favorite)****</b> Seasoned Meat, Corn Tortilla Chips Tatziki Sauce Corn Salsa Banana & Choice Milk	<b>Brunch Lunch</b> French Toast Sticks w/ Syrup Celery Sticks Summer Grapes Choice Milk	<b>Fresh Baked Pizza</b> Mixed Greens Salad w/Dressing Crisp Apple Choice Milk
Cold	<b>Turkey Bun &amp; Wowbutter Jelly Sandwiches are offered as options on all days</b>				
Week V	Monday, October 10, 2022	Tuesday, October 11, 2022	Wednesday, October 12, 2022	Thursday, October 13, 2022	Friday, October 14, 2022
Hot Meal	<b>Mozzarella Burger</b> WG Bakery Bun & Ketchup Cool Ranch Doritos Baby Carrots Variety Applesauce & Choice Milk	<b>Pomodoro Meatballs</b> WG Dinner Roll Mashed Potatoes Tropical Fruit Mix Choice Milk	<b>Creamy Mac &amp; Cheese</b> Mixed Greens Salad & Dressing Banana Vanilla Wafers Choice Milk	<b>Sesame Chicken</b> Steamed Seasoned Rice Sliced Cucumbers Summer Grapes Lemon Crisps & Choice Milk	<b>Walking Taco</b> Nacho Chz Doritos, Seasoned Beef w/ Shred Chz, Lettuce, Cilantro Cheesy Refried Beans Crisp Apple & Choice Milk
Cold	<b>Turkey Bun &amp; Wowbutter Jelly Sandwiches are offered as options on all days</b>				
Week VI	Monday, October 17, 2022	Tuesday, October 18, 2022	Wednesday, October 19, 2022	Thursday, October 20, 2022	Friday, October 21, 2022
Hot Meal	<b>Golden Corn Dog w/ Ketchup</b> Cornerrific Salad Variety Applesauce Choice Milk	<b>"New" Roasted Curry Chicken Drumstick</b> Old Fashioned Biscuit Fresh Broccoli & Dip Tropical Fruit Mix Choice Milk	School not in Session		
Cold	<b>Turkey Bun &amp; Wowbutter Jelly Sandwiches are offered as options on all days</b>				
Week I	Monday, October 24, 2022	Tuesday, October 25, 2022	Wednesday, October 26, 2022	Thursday, October 27, 2022	Friday, October 28, 2022
Hot Meal	<b>"New" Creamy Chicken Pasta</b> Soft Dinner Roll Fresh Baby Carrots Variety Applesauce Choice Milk	<b>All Beef Hot Dog</b> WG Bun, Ketchup & Mustard Cool Ranch Doritos CKC Baked Beans Tropical Fruit Mix & Choice Milk	<b>Burrito Bowl</b> Brown Rice topped w/Seasoned Beef Shred Chz, Lettuce & CKC Youza Sauce Corn Ranchero Banana & Choice Milk	<b>Creamy Mac &amp; Cheese</b> Fresh Sliced Cucumbers & Dip Summer Grapes WG Roll Choice Milk	<b>Sweet &amp; Sour Chicken</b> Steamed Seasoned Brown Rice Crisp Fresh Broccoli Crisp Apple Choice Milk
Cold	<b>Turkey Bun &amp; Wowbutter Jelly Sandwiches are offered as options on all days</b>				
Week II	Monday, October 31, 2022	Chef Spotlight - Nora Martinez (Food Service Manager, CKC) <b>An easy and tasty recipe for Thanksgiving, or even a barbeque night</b>			
Hot Meal	<b>"New" BBQ Beef Sandwich</b> Sunchips CKC Baked Beans & Carrots Variety Applesauce Choice Milk	"I love cooking for family and friends. Cooking this recipe together as a team with my children for Thanksgiving brings me memories of when I was younger and helped my mother to prepare this special dish. Now that I grew up, I enjoy cooking special meals that my mother used to prepare for our family. Loaded potatoes was a favorite dish on our plate for Thanksgiving and we enjoy every bite of it with special memories.  - Nora"			
Cold	<b>Turkey Bun</b>  Wow Butter and Jelly Sandwich	Chef Nora's recipe for 'Loaded Potatoes' is on Page 2			

\*\*\* Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.