

# St. Charles Borromeo School Close Contact Notification

## Close Contact **child's name**

Dear Parents,

Your child has been identified as a close contact of someone who has tested positive for COVID-19. Your child last had contact on **Last Day of Contact**

We ask that you monitor your child in the coming days. Many students who have tested positive have had mild symptoms like congestion, headaches, and fatigue while others have had more common symptoms like fever. If your child shows any COVID-19 symptoms in the coming days, please be in contact with us with any COVID-19 test results.

## OPTIONS FOR PERSONS NOT VACCINATED OR RECOVERED FROM COVID-19 IN THE LAST 90 DAYS

**OPTION 1: 14 DAYS** — As a close contact, the safest option is for your child to stay home and not take part in any activities/sports for 14 days. For this case the dates are below:

**Last day of quarantine:** **Day 14**

**Return to School Date:** **Day 15** (as long as they do not develop symptoms or test positive during this time)

### **Additional information:**

It is recommended (not required) to get tested immediately and, if negative, 5 to 7 days after your child was close to the person with COVID-19. Others living in the home can continue to go to child care, school, and other community activities.

**OPTION 2: 10 DAYS** — As a close contact, your child should stay home and not take part in any activities/sports for 10 days. For this case the dates are below:

**Last day of quarantine:** **Day 10**

**Return to School Date:** **Day 11** (as long as they do not develop symptoms or test positive during this time)

### **Additional information:**

It is recommended (not required) to get tested immediately and, if negative, 5 to 7 days after your child was close to the person with COVID-19. Others living in the home can continue to go to child care, school, and other community activities.

**OPTION 3: 7 DAYS** — As a close contact, your child should stay home and not take part in any activities/sports for seven days. For this case the dates are below:

**Required COVID-19 test timeline:** **Day 5 - 7**

**Last day of quarantine:** **Day 7**

**Return to School Date:** **Day 8** (as long as negative test results from COVID-19 test taken 5-7 days after exposure has been submitted to the school and they do not develop symptoms or test positive during this time)

### **Additional information:**

It is recommended that your child test immediately, and if the test is negative, it is REQUIRED your child test 5 to 7 days after last exposure. Test results should be known and negative to return. Your child can return with a known negative test as long as no symptoms develop during this time. Others living in the home can continue to go to child care, school, and other community activities.

**OPTION 4: 5 DAYS + 2 DAYS MASKED** — As a close contact, your child should stay home and not take part in any activities/sports for five days and mask for all activities for an additional two days. For this case the dates are below:

**Required COVID-19 test timeline:** **Day 5**

**Last day of quarantine:** **Day 5**

**Return to School Date:** **Day 6 and wear a mask for Day 6 & Day 7** as long as the following are true:

- Parents certify their child has not had any symptoms and will keep them home and retest if symptoms arise within 14 days of exposure.

## CLOSE CONTACT NOTIFICATION FOR FAMILIES

- Parents certify that their child has a negative test on day 5 (We will accept PCR or Antigen testing, home tests are also acceptable)
- Parents and student agree that the student will wear a well-fitting mask during the school day on days 6 and 7 (students may remove masks only when they are seated at their lunch table)

### Additional information:

It is recommended that your child test immediately, and if the test is negative, it is REQUIRED your child test 5 days after last exposure. Test results should be known and negative to return. Others living in the home can continue to go to child care, school, youth program, camp, and other community activities.

## OPTION FOR PERSONS HAVING RECOVERED FROM COVID-19 IN THE LAST 90 DAYS

**OPTION 5: QUARANTINE NOT NECESSARY** — If your child has recovered from COVID-19 in the past 90 days (illness was confirmed with a positive lab test) your child does not need to quarantine if your child does not currently have any symptoms of COVID-19. **If selecting this option, include the positive test result in your response email.** Others living in the home can continue to go to child care, school, youth program, camp, and other community activities.

## OPTION FOR PERSONS HAVING BEEN FULLY VACCINATED

**OPTION 6: QUARANTINE NOT NECESSARY** — If your child is fully vaccinated (exposure was at least 14 days after their vaccination series was completed) your child does not need to quarantine if your child does not currently have any symptoms of COVID-19. It is recommended to get tested 5 to 7 days after the contact with someone who tested positive for COVID-19. **If selecting this option, scan or include a photo of your student's COVID vaccination card in your response email.** For more information refer to [When You've Been Fully Vaccinated \(www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html\)](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html)

## ALL CLOSE CONTACTS

ALL closely monitor your child for symptoms. If your child develops any symptoms of COVID-19, do not attend child care, school, youth program, camp, or other activities, isolate from others, and get tested.

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| ▪ Fever of 100.4 degrees Fahrenheit or higher | ▪ Nasal congestion/stuffy or runny nose |
| ▪ New cough or a cough that gets worse        | ▪ Nausea, vomiting, or diarrhea         |
| ▪ Difficulty/hard time breathing              | ▪ Muscle pain                           |
| ▪ New loss of taste or smell                  | ▪ Extreme fatigue/feeling very tired    |
| ▪ Sore throat                                 | ▪ Severe/very bad headache              |
|   | ▪ Chill                                 |

If your child tests positive for COVID-19 during quarantine, contact [dkieffer@stchbs.org](mailto:dkieffer@stchbs.org) and [healthoffice@stchbs.org](mailto:healthoffice@stchbs.org) your next steps.

We are sorry for the problems this may cause you or your family. To stop outbreaks and protect participants and staff we need to do everything we can to stop the spread of COVID-19.

If you have questions, contact me at [dkieffer@stchbs.org](mailto:dkieffer@stchbs.org). Thank you for supporting our school.

Danny Kieffer  
St. Charles School Principal