

St. Charles Borromeo School

Lunch Menu February 2020



Harvest of the Month features a locally sourced vegetable in a made from scratch recipe!



Minnesota Thursday is a local menu day bringing in fruits, vegetables, proteins, and grains as seasonally available from within 300 miles of Roseville



Meal Prices
Lunch \$ 3.25
Adult Lunch \$4.00
Milk \$.50



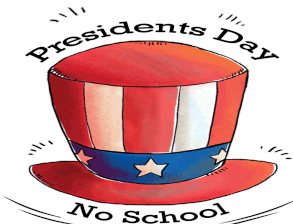
Food allergy and special diet substitutes may be made available with a Special Diet Statment on file. Products have been made at the district's kitchens or locations where milk, eggs, soy, wheat, and other ingredients are used.



Application for Educational Benefits (Free/Reduced Meals) can be found at:
<https://frapp.isd623.org/>



Get menus on your phone with the web menu app from the app store. Go to app store and type in "Web Menus" by School Nutrition and Fitness.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Breaded Chicken Patty Whole Grain Bun Baked Whole Grain Ziti w/ Marinara Sauce (V) Steamed Carrot Coins Chilled Peaches	4 BBQ Beef Riblet Ranch Salad w/ Shredded Mozzarella Cheese (V) Hummus Whole Grain Tortilla Rounds Blueberries	5 Pepperoni Pizza Cheese Pizza (V) Romaine Salad Fruit Cocktail	6 BBQ Pulled Pork on Kaiser Roll Wowbutter & Grape Jelly Whole Grain Sandwich (V) Roasted Purple Potatoes Homemade Dill Pickle Chips Frosty PineappleTidbits Carnival Cookie	7 WG Breaded Fish Patty on a WG Bun Sub Roll Mini Cheese Ravioli with Marinara Sauce (V) Whole Grain Bread Stick Roasted Red Potatoes Frosty PineappleTidbits
10 Smoked Turkey & Cheese Sandwich Wedge Whole Grain Mac & Cheese Steamed Broccoli Chilled Pears	11 Beef or Bean (V) Nachos Beefy Nachos Whole Grain Tortilla Rounds Fresh Nacho Fixings Fiesta Back Bean Chilled Peaches	12 Sweet and Sour Chicken Steamed Brown Rice Vegetarian Baked Egg Roll (V) Fried Rice (V) Salted Edamame Frosty PineappleTidbits Fortune Cookie	13 Meatball Marinara Sub Sandwich Cheese Bites (V) Marinara Sauce Red Pepper Strips Apple Wedges	14 Hamburger Veggie Patty (V) Whole Grain Bun Baby Red Potatoes Cherry Frozen Yogurt
17  No School	18 Cheese Pizza (V) Italian Sausage Pizza Garden Peas Baked Apple Crisp	19 French Toast Sticks (V) Chicken Sausage Patty Smoked Turkey & Cheese on Sub Roll Hash Brown Patty Sweetened Strawberries	20 Meatballs & Marinara or Marinara & Mozzarella Cheese (V) Over Pasta Garlic Toast Roasted Honey Butter Carrots Fresh Banana	21 Baked Chicken Corn Dog Seasoned Curly Fries Alfredo Over Bow Tie Pasta (V) Whole Grain Bread Stick Steamed Carrot Coins Chilled Pears
24 Chicken or Cheesy (V) Mashed Potato Bowl Breaded Chicken Tenders Mashed Potatoes Gravy Golden Corn Whole Grain Dinner Roll Frosty PineappleTidbits	25 Beef or Bean (V) Taco Whole Grain Tortilla Fiesta Back Bean w/ Fresh Fixings Sour Cream Salsa Cinnamon Sugar Churro Blueberries Romaine Salad	26 Cheese Lasagna Roll Up (V) Whole Grain Bread Stick Veggie Bean Wrap Chilled Fruit Cocktail Garden Green Beans	27 Cheesy French Bread (V) w/ Marinara Sauce Smoked Turkey & Cheese on Sub Roll Roast Broccoli Chilled Peaches	28 Cheese Quesadilla Pizza (V) Macaroni & Cheese (V) Mixed Vegetables Chilled Peaches

