

St. Charles Borromeo School Lunch Menu

December 2019



Minnesota Thursday is a local menu day bringing in fruits, vegetables, proteins, and grains as seasonally available from within 300 miles of Roseville



Meal Prices
Lunch \$ 3.25
Adult Lunch \$4.00
Milk \$.50



Food allergy and special diet substitutes may be made available with a Special Diet Statment on file. Products have been made at the district's kitchens or locations where milk, eggs, soy, wheat, and other ingredients are used.



Application for Educational Benefits (Free/Reduced Meals) can be found at:
<https://frapp.isd623.org/>



Get menus on your phone with the web menu app from the app store. Go to app store and type in "Web Menus" by School Nutrition and Fitness.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Hamburger Veggie Patty (V) Whole Grain Bun Whole Grain Tortilla Rounds Hummus Blueberries Romaine Salad	3 Chicken or Cheesy (V) Mashed Potato Bowl Breaded Chicken Tenders Mashed Potatoes Gravy Golden Corn Whole Grain Dinner Roll Frosty PineappleTidbits	4 All Beef Hot Dog on Hot Dog Bun Macaroni & Cheese (V) Baked Chips Vegetarian Baked Beans Chilled Fruit Cocktail	5 Beef Stroganoff Egg Noodle Soybutter and Jelly Sandwich (V) Roasted Watermelon Radish Chilled Peaches Peppermint SickFrozenYogurt  	6 Baked Chicken Corn Dog Seasoned Curly Fries Alfredo Over Bow Tie Pasta (V) Whole Grain Bread Stick Steamed Carrot Coins Mandarin Oranges
9 Pancakes Scrambled Eggs (V) Maple Syrup Roasted Turkey & Cheese Sandwich Wedge Hash Brown Patty Blueberries	10 Smoked Turkey & Cheese on Sub Roll Cheesy French Bread (V) w/ Marinara Sauce Garlic Parmesan Spaghetti Squash Chilled Peaches 	11 Roast Chicken with Gravy Whole Grain Dinner Roll Toasted Cheese Sandwich (V) Fluffy Whipped Potatoes Golden Corn Chilled Peaches	12 Mandarin Orange Glazed Crispy Chicken Steamed Brown Rice Caprese Sliders (V) Salted Edamame Chilled Pear Slices	13 WG Breaded Fish Patty Sub Roll Mini Cheese Ravioli with Marinara Sauce (V) Whole Grain Bread Stick Creamy Coleslaw Red Pepper Strips Frosty PineappleTidbits
16 Breaded Chicken Patty Whole Grain Bun Baked Whole Grain Ziti w/ Marinara Sauce (V) Steamed Carrot Coins Chilled Peaches	17 BBQ Beef Riblet Ranch Salad w/ Shredded Mozzarella Cheese (V) Hummus Whole Grain Tortilla Rounds Blueberries	18 Pepperoni Pizza Cheese Pizza (V) Romaine Salad Fruit Cocktail	19 Swedish Meatballs Over Egg Noodles Cheese Calzone (V) Mixed Vegetables Mandarin Oranges Chocolate Chip Cookie	20 Chicken Nuggets BBQ Sauce Potato Salad Macaroni & Cheese (V) Steamed Green Beans Chilled Applesauce
23 	24	25	26	27 
30 	31	  Harvest of the Month features a locally sourced vegetable in a made from scratch recipe!		
				