


# St. Charles Hot Lunch Menu

## May 2019

| Monday                                                                                                                                                     | Tuesday                                                                                                                            | Wednesday                                                                                                    | Thursday                                                                                                     | Friday                                                                                                            |
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|                                                                           | This institution is an equal opportunity provider.                                                                                 | <b>1</b><br>Turkey corn dog<br>Cheddar Sun Chips<br>Green beans<br>Tropical fruit<br>½ pint milk             | <b>2</b><br>Spaghetti w/meat sauce<br>Texas toast<br>Steamed mixed veggies<br>Pears<br>½ pint milk           | <b>3</b><br>Grilled cheese<br>Tomato soup w/crackers<br>Fresh broccoli<br>Orange<br>½ pint milk                   |
| <b>6 <u>Cinco de Mayo Celebration</u></b><br>Chicken fajita on WG tortilla<br>Fiesta salsa w/WG chips<br>Applesauce cups<br>Cinnamon churro<br>½ pint milk | <b>7</b><br>French toast sticks<br>Hash brown<br>Turkey sausage<br>Carrots<br>Peaches<br>½ pint milk                               | <b>8</b><br>Homemade chili w/beans<br>WG chips<br>Corn w/peppers & onion<br>Apple slices<br>½ pint milk      | <b>9</b><br>Hot ham & cheese on WG bun<br>Tater tots<br>Peas & carrots<br>Pears<br>½ pint milk               | <b>10</b><br>Grilled chicken salad<br>Pretzel w/cheese<br>Garbanzo beans<br>Mixed fruit<br>½ pint milk            |
| <b>13</b><br>Sweet & sour chicken<br>Brown rice<br>Veggie egg roll<br>Steamed veggie blend<br>Mandarin oranges<br>½ pint milk                              | <b>14</b><br>Grilled chicken on WG bun<br>Curly fries<br>Baked beans<br>Pineapple<br>½ pint milk                                   | <b>15</b><br>Turkey & cheese sub<br>Cheese its<br>Carrots<br>Apple slices<br>½ pint milk                     | <b>16</b><br>Salisbury steak<br>Mashed potatoes w/gravy<br>Steamed mixed veggies<br>Peaches<br>½ pint milk   | <b>17</b><br>Cheese lasagna roll ups<br>Garden salad<br>Fresh broccoli<br>Orange<br>½ pint milk                   |
| <b>20</b><br>Sausage pancake on a stick<br>Hash brown<br>Celery & carrots<br>Craisins<br>½ pint milk                                                       | <b>21</b><br>Beef super nachos<br>WG chips<br>Cheddar cheese sauce<br>Refried beans<br>Green peppers<br>Mixed fruit<br>½ pint milk | <b>22</b><br>Italian meatball sub<br>Original Sun Chips<br>Peppers & onions<br>Tropical fruit<br>½ pint milk | <b>23</b><br>Boneless chicken drummies<br>Potato smilies<br>Green beans<br>Cinnamon apples<br>½ pint milk    | <b>24</b><br>Stuffed crust pizza<br>Strawberry Chex Mix<br>Steamed broccoli<br>Peaches<br>½ pint milk             |
| <b>27</b><br><br><b>NO SCHOOL</b>                                                                                                                          | <b>28</b><br>Chicken alfredo<br>WG noodles<br>WG roll<br>Steamed broccoli<br>Pears<br>½ pint milk                                  | <b>29</b><br>Turkey hot dog<br>French fries<br>Baked beans<br>Applesauce cup<br>½ pint milk                  | <b>30</b><br>Shredded pork on WG bun<br>Sweet potato crinkle fries<br>Coleslaw<br>Mixed fruit<br>½ pint milk | <b>31</b><br>Cheesy bread dunkers<br>Marinara sauce<br>Original Sun Chips<br>Carrots<br>Applesauce<br>½ pint milk |