





St. Charles Hot Lunch Menu March 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| This institution is an equal opportunity provider. |  |  |  | 1 Lasagna roll ups Texas toast Peas & carrots Pears ½ pint milk |
| 4 Hot ham & cheese bagel Regular & sweet potato fries Steamed mixed veggies Peaches ½ pint milk | 5 Goulash WG roll Corn Mixed fruit ½ pint milk | 6 Ash Wednesday WG pancakes Scrambled eggs Red & green peppers Blueberries ½ pint milk | 7 Homemade chili w/beans WG chips Fresh broccoli Applesauce ½ pint milk | 8 Fish sandwich on WG bun Cheddar Sun Chips Carrots Cinnamon apples ½ pint milk |
| 11  | 12 NO SCHOOL | 13 NO SCHOOL | 14 NO SCHOOL | 15 NO SCHOOL |
| 18 St. Patrick's Day Celeb. Hamburger on WG bun French fries Broccoli Apple slices Lime jello ½ pint milk | 19 WG spaghetti w/meatballs Texas toast Carrots Pears ½ pint milk | 20 Walking beef taco WG chips Refried beans Corn w/peppers & onion Applesauce ½ pint milk | 21 Shredded pork on WG bun Sweet potato tater tots Coleslaw Pineapple ½ pint milk | 22 Cheese pizza Fish shaped graham cracker Carrots & celery Banana ½ pint milk |
| 25 Popcorn chicken Curly fries Fresh broccoli & cauliflower Mandarin oranges ½ pint milk | 26 Turkey & cheese sub Veggie straws Carrots Apple slices ½ pint milk | 27 Beef ravioli Garlic breadstick Steamed veggie blend Orange ½ pint milk | 28 Chicken drummies Mashed potatoes WG roll Green beans Red grapes ½ pint milk | 29 NO SCHOOL |