




## St. Charles Hot Lunch Menu February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheese lasagna roll ups Texas toast Carrots & celery Applesauce ½ pint milk
4 Sausage pancake on a stick Crispy potato coins Carrots Strawberries ½ pint milk	5 C chicken alfredo w/WG noodles WG roll Peas & carrots Peaches ½ pint milk	6 Pork chop patty WG bun Sweet potato waffle fries Coleslaw Mixed fruit ½ pint milk	7 Cheese quesadilla Brown rice w/red beans Corn Pears ½ pint milk	8 Grilled cheese Tomato soup Crackers Fresh broccoli Apple slices ½ pint milk
11 Pepperoni pizza hot dish Texas toast Steamed mixed veggies Mandarin oranges ½ pint milk	12 Chicken fajita bowl Brown rice Black beans Corn Pears ½ pint milk	13 Hamburger on WG bun Tater tots Baked beans Grapes ½ pint milk	14 <b><u>Valentines Celebration</u></b> French toast sticks Hash brown Turkey sausage Fresh broccoli Apple slices ½ pint milk Jello	15 Cheesy bread dunkers w/marinara sauce Strawberry Chex Mix Carrots Pineapple ½ pint milk
18 <b>NO SCHOOL</b> 	19 Hot dog on WG bun French fries Baked beans Applesauce ½ pint milk	20 Chicken teriyaki dippers Mashed & gravy WG roll Steamed broccoli Peaches ½ pint milk	21 Turkey & cheese sub Veggie straws Carrots Orange ½ pint milk	22 Cheese pizza Garden salad Broccoli Tropical fruit ½ pint milk
25 WG spaghetti w/meat sauce Garlic breadstick Carrots w/hummus Pineapple ½ pint milk	26 Hot ham & cheese on WG bun Curly fries Steamed mixed veggies Mixed fruit ½ pint milk	27 Sweet & sour chicken Brown rice Veggie egg roll Mandarin oranges ½ pint milk	28 Salisbury steak Mashed potatoes w/gravy Corn Pears ½ pint milk	This institution is an equal opportunity provider.